

Backyard and Beyond

Full Moon Walks

Each month, on the night of the full moon, take a walk to enjoy the wonder of the night sky. The exact date of each full moon changes from year to year, but you can find a list of the dates online: <u>https://www.almanac.com/astronomy/moon/full</u>

Make sure you're properly dressed for the weather, and if you can, bring a flashlight to help navigate your path.



Full moons are noted in many cultures, with specific names given for each month's moon. The labels here are descriptive full moon names that some Indigenous Peoples use. This site has more information about the moon names used by different cultures: <u>https://www.lunarphasepro.com/full-moon-names/</u>