



Click on the sun  to find a related activity on our website.

1. Find a favorite tree in your backyard, neighborhood, or park.	2. Make and fly a kite. 	3. Go for a walk.	4. Watch for birds.
5. Build a rock garden. 	6. Have a picnic outside.	7. Go on a Summer scavenger hunt. 	8. Look for animal tracks.
9. Go on a bug hunt.	10. Make a bug hotel. 	11. Try a new sport.	12. Find or make shadows and trace them with chalk. 
13. Grab a flashlight and go on a night hike!	14. During the next full moon, go on a Full Moon Walk. 	15. Play in the mud. 	16. Water a plant.
17. Draw a sound map of what you hear around you. 	18. Go on a listening walk.	19. Make some rainy day art. 	20. Paint with wet chalk.
21. Paint a picture outside.	22. Read or write a poem about nature.	23. Read a book outside.	24. Make music in nature. 
25. Make a nature journal. 	26. Star gaze!	27. Cloud gaze!	28. Play with chalk.
29. Make a fairy house.	30. Make a leaf rubbing.	31. Blow bubbles. 	32. Make nature art with sticks, stones, and leaves.
33. Paint outside on rocks or the sidewalk with only water.	34. Pick a flower (with permission) and dissect it! 	35. Smell a flower.	36. Build an outdoor fort.
37. Move like an animal. 	38. Splash in a puddle.	39. Listen to music outside.	40. Have an outdoor dance party!