Each month, on the night of the full moon, take a walk to enjoy the wonder of the night sky. The exact date of each full moon changes from year to year, but you can find a list of the dates online: https://www.almanac.com/astronomy/moon/full

Make sure you’re properly dressed for the weather, and if you can, bring a flashlight to help navigate your path.

January
Wolf Moon

February
Snow Moon

March
Worm Moon

April
Pink Moon

May
Flower Moon

June
Strawberry Moon

July
Buck Moon

August
Sturgeon Moon

September
Corn Moon

October
Harvest Moon

November
Beaver Moon

December
Cold Moon

Full moons are noted in many cultures, with specific names given for each month’s moon. The labels here are descriptive full moon names that some Indigenous Peoples use. This site has more information about the moon names used by different cultures: https://www.lunarphasepro.com/full-moon-names/