In your backyard or out in the woods, find a cool stick. Using colorful tape, pipe cleaners, yarn, feathers, pony beads, glue, or maybe even paint, decorate your stick.

Once your decorated stick is finished, take it for a walk to turn it into a Journey Stick! Bring string and a pair of scissors on your walk and look for nature treasures that aren’t being used by nature anymore. You can add the treasures to your walking stick by tying them on with a small piece of string. Once the walk is over, use your Journey Stick to tell the story of your journey using the nature treasures you picked up along the way.