



**Especially for Littles**

## **Flashlight Play**

Turn off the lights, close the curtains, and explore the dark with a flashlight!

What can you do with your flashlight in the dark?

- Play flashlight eye-spy. With infants, shine the flashlight on a toy within reach and describe what you see. Do they become interested in the toy? With older toddlers, you can take turns describing something in the room and shining the flashlight on the object to “guess” what it is.
- Make a shadows. Shine your flashlight on an object? Notice what happens to the shadow when you move your light up and down, near and far. Can you make the shadow dance really fast and then very slow? Talk about what happens to the shadow as you play.
- Storytime in the dark! Make a quick fort by throwing a bedsheet over a table and snuggling up with your flashlight and a stack of picture books.

**Remember,** never to look directly at a flashlight or shine it in anyone’s eyes. You might also secure the battery cover with some tape.

