Make a Masterpiece

Resist Painting

What you need:

• Crayons, especially white
• Watercolor paints
• Paint brushes
• Small bowl of water to rinse brush between using different watercolors
• Thick, white paper
• Tablecloth, newspaper, old sheet, etc.

What you do:

1. Clear space on a flat surface, like a dining room table. Cover with a tablecloth, newspaper, anything you don’t mind getting paint on. It’s helpful to tape your covering down to keep it from moving around.

2. Draw on your paper with your crayons. You can draw designs, a picture, some scribbles, write your name—whatever you would like! Just be sure to leave some blank spaces on your paper.

3. Now, do a light wash of watercolor on and around your drawing. What do you notice about where your crayon and watercolor meet?

4. Admire your artwork! Watercolors can be runny, so be sure to leave your artwork somewhere flat to dry.

Things to try:

• The process of resist painting starts by first adding a layer of medium—in this case crayons, or specifically the wax from crayons—to your paper. The crayon will then resist, or repel, the watercolors. You can experiment with your first layer. Ideas for other materials to try are: Craypas (oil pastels) or china markers, tape (peel off once your paint is dry), or white glue.

• Share mystery pictures or secret messages! By using white crayon on white paper, your art will be hard to see at first, but a wash of watercolor will reveal hidden images.

• The technique of resist painting usually involves a first and second step. If you’re tempted to dip into your watercolors too soon, it’s okay to start by just bringing your crayons (or tape, or glue) to the table first. Then, when you’re ready, you can bring out your watercolors. Remember though, whatever process you use to explore resist painting is fine! Art if all about finding a method you enjoy, however you choose to mix your materials.