Suggested Materials:
Start by looking in your recycling and trash bins. Possible items include:
• paper scraps, cardboard, newspapers, junk mail, and magazines
• plastic containers, caps and lids
• packing material
• metal cans or glass jars

Look around your house for other possible items like:
• game or puzzles pieces and broken toys
• wood scraps
• old clothing, sheets, or fabric scrapes
• yarn, ribbons and bows
• zip ties, twist ties or pipe cleaners

Helpful tools such as:
• scissors
• glue and/or tape
• markers, pens, or pencils

What you do:
Start small and use your imagination! Based on the materials you’ve found, think about what you’d like to create and how you’ll put your materials together: How can you use these materials to create unique works of art? Some upcycle art ideas may include a mask or party hat, a sun-catcher, a house for your dolls, a pen holder, a garage for your toy cars, a rocket, or perhaps a new-age robot. The possibilities are endless!

Creating upcycled art develops skills:
• encourages creative thinking, problem solving, and perseverance
• helps develop fine motor skills
• promotes reuse of recycled materials